



fitbit inspire & inspire HR

METAL MESH SIZING TOOL

WRIST SIZE

One size adjustable band
5.1"–7.5" 130 mm–191 mm

INSTRUCTIONS

- 1 Print out this page at 100%.
Do not scale to fit.
- 2 Cut out the sample band and wrap it around your wrist, keeping the end with the arrow on top.
- 3 Make sure the band lays flat against your wrist.
- 4 If the sample band fits around your wrist, then the band should fit as well.

STILL UNSURE?

Contact us at [contact.fitbit.com](https://www.fitbit.com/contact)

