



# fitbit inspire family

## METAL MESH SIZING TOOL

### WRIST SIZE

One size adjustable band  
5.1"–7.5"    130 mm–191 mm

### INSTRUCTIONS

- 1 Print out this page at 100%.  
Do not scale to fit.
- 2 Cut out the sample band and wrap it around  
your wrist, keeping the end with the arrow on top.
- 3 Make sure the band lays flat against your wrist.
- 4 Pick the size the arrow is pointing to, and  
you're done!

### STILL UNSURE?

Contact us at [contact.fitbit.com](https://www.fitbit.com/contact)



FITS RANGE