



# fitbit chargeHR™

## WRISTBAND SIZING TOOL

### WRIST SIZES

Small	5.4"-6.2"	13.7 cm-15.7 cm
Large	6.2"-7.6"	15.7 cm-19.3 cm
X Large	7.6"-8.7"	19.3 cm-22.1 cm

### INSTRUCTIONS

- 1 Print out this page at 100%.  
Do not scale to fit.
- 2 Cut out the sample band and wrap it around your wrist, keeping the end with the arrow on top.
- 3 Make sure the band lays flat against your wrist.
- 4 Pick the size the arrow is pointing to, and you're done! If you are on the line between sizes, we recommend picking the larger size.

### STILL UNSURE?

Contact us at [contact.fitbit.com](mailto:contact.fitbit.com)

